A TWO DAY WALK

Day 1 – Milsons Point to Spit Bridge by the Middle Harbour (West) route then on to Manly for an overnight stay.

Day 2 – Take the bus from Manly to the Spit then walk by the Harbour (East) route to Mosman Point.

A THREE DAY WALK

Day 1 – Milsons Point to Spit Bridge by the Middle Harbour (West) route then on to Manly for an overnight stay.

Day 2 – Take the bus from Manly to the Spit then walk Spit Bridge to Roseville Bridge (see Land & Property Management Authority ‘Harbour to Hawkesbury Walking’ brochure). From Roseville Bridge take the bus to Chatswood for overnight accommodation.

Day 3 – From Chatswood using the ‘Harbour to Great North Walk’ brochure (see Companion Brochures) proceed via Artarmon Reserve, Gore Cove and the Harbour foreshore back to Milsons Point.

A FOUR DAY WALK

Days 1 & 2 – Same as days 1 & 2 of three day walk starting at Milsons Point and finishing at Chatswood.

Day 3 – From Chatswood use the ‘Harbour to Great North Walk’ brochure (see Companion Brochures) proceed via Lane Cove National Park and the Great North Walk to Hunters Hill.

Day 4 – From Hunters Hill take the red direct route back to Milsons Point.

Accommodation

Most of the overnight stops are at transport hubs providing the option for Sydney residents to return home and other visitors to return to more central hotels or guest houses then use public transport to get to the start of the next day’s walk. The overnight stop locations do have accommodation and, although the range may not be comprehensive, finding accommodation will add to the sense of a continuous walk providing the opportunity (if tired legs allow it) to further explore these areas and, if so inclined, allow a early start the next day.

Planning Your Walks

The suggested routes, both red and green, offer permutations that provide walks of varying length and scenery. While the best describes starting at the Harbour Bridge and finishing at Manly, the direction can be reversed and a number of different starting points are possible, especially when a circle walk is planned. Accepting a starting point by car presents the problem of parking and returning to it (hence the attraction of circle walks) but fortunately the area of the walks is well served by buses and ferries and the rail stations at Milsons Point and Circular Quay are convenient for those wishing to begin or end their walk at the Harbour Bridge. Bus route numbers are shown on the map, Timetables and all details could be checked at the Transport Infoline tel. 13 5000 or www.131500.com.au

Following are a number of suggestions for walks of a few hours to a few days duration utilising public transport, but see the section on Companion Brochures to help you plan further walks to suit your own interests, fitness and time budgets.

SHORT WALKS

Cremorne to Manly – Ferry from Circular Quay to Cremorne Point. Opposite the wharf take the steps up to the path that takes you down the east side of the peninsula part of the East (red) route, and follow this as far as the ferry wharf at Taronga Zoo for a ferry back to Circular Quay.

Kirribilli to Cremorne – Ferry to Jeffrey Street or Milsons Point wharves (or train to Milsons Point station) then use the green Kirribilli and Karabula Point loops before rejoining the (red) East route to Cremorne Point wharf for a ferry back to Circular Quay (for bus up to Military Road).

Spit Junction to Bus – On Military Road to Cowies Road, North to the Middle Harbour route at Bay Street to Quakers Hat and the Spit for return to bus.

Mosman Wharf to Balmoral – Ferry to Mosman then on green route as far as Wylde Road then branch east at Keith Avenue for the green road leading to Plunkett Reserve and bus to the Balmoral Esplanade.

Taronga to Balmoral – Ferry to Taronga Zoo wharf then join the East (red) route to Mosman then return to the Harbour Bridge.

ONE DAY WALKS

A Circle Walk – Starting at Milsons Point station take the main Harbour (East) route to the Spit for lunch then return via the West (red) route (a red route).

A Walk/Ferry Round Trip – Starting at Circular Quay take the public lift from the plaza east of the station up onto the Catalina Expressway walkway (or walk west through the Rocks to Cumberland Expressway) for access to the Harbour Bridge walkway then at Milsons Point proceed by the Middle Harbour (West) route to the Spit for lunch and in the afternoon walk the Spit to Manly route returning to Circular Quay by the Manly ferry.

Walking time 6hrs 30min

Accommodation and Suggestions

These brochures have been developed by The Walking Volunteers, a group of individuals who enjoy exploring areas on foot and through their activities we share that enjoyment. The belief that walking is one of the most effective means of maintaining health, in particular combating obesity. It is both recreation and a means of transport but without pollution and without adding to congestion on our roads.

While their achievements to date have been far reaching, this could not have been possible without the active cooperation of the various authorities and Councils referred to earlier and without the assistance of Sydney Street Directories mapping division.

This brochure was funded through a partnership of the Council and agencies working on the project and the Sharing Sydney Harbour Access Program (SHAP). The SHAP funding partners, the Sydney Harbour Foreshore Authority NSW Maritime and the Department of Planning and Infrastructure (see with Manly and North Shore Councils the vision to improve public access to, and enhance the recreational enjoyment of, Sydney Harbour and its tributaries for the people of Sydney and for its many visitors.

Please let the Program Coordinator know of any errors, omissions, or suggestions to improve future editions or other similar publications.

Program Coordinator, Sharing Sydney Harbour Access Program, Department of Planning and Infrastructure.

Acknowledgements and Suggestions

Chinamans Beach to the Spit.

Mosman Lagoon to North Head & The Spit

Spit Bridge to Manly Walk

It’s exhilarating & healthy

Further Information

This brochure is one of a series under the theme ‘Sharing Sydney Harbour’ for walks near Sydney Harbour covering coastal walks from Barrenjoey to Cronulla as shown on the Trunk Walking Routes diagram. For adjacent connecting walks see Milsons Lagoon to North Head & the Spit and Harbour to Great North Walk, while south of the Bridge see Harbour Bridge to South Head and Cronulla or explore the inner harbour west of the Bridge with A Harbour Circle Walk.

Although material in these brochures is downloadable from www.walkingsydney.net, printing out brochures such as these may be a problem and it would be better to obtain the actual brochures/maps. Subject to print runs, these are free from these bodies and the Councils below in some cases they will also have supplementary material relevant to these walks.

All maps are also available on the ‘Sydney Walker’ mobile phone app.

Department of Planning and Infrastructure


Sydney Coastal Councils Group Inc

Level 12 Town Hall House, 456 Kent Street, Sydney 2000 Tel 9296 7702

Walking Times

The walking times noted in the text and on the walking times map are walking times only and based on a modest walking speed of approximately 2.5 to 3 kilometres per hour, depending on the terrain. Add on time for breaks, photo stops, visits or just the pleasure of leisurely looking around. If you are a reasonably fit walker and your time is short, the walks of course can be covered in less time than shown.

Personal Care and Comfort

The routes covered in this brochure vary from urban footpaths to bush tracks and while generally of good grades sometimes involve steep climbs. All routes, however, are on hard pathways and do not involve scrambling or rock climbing. Walkers should be familiar with the location and terrain to the likely weather views. Use sunscreen, carry water and wear a hat, especially in summer and always wear a good pair of walking shoes. Toilets along the way are indicated on the map.

Route Marking & Signage

It’s the long term intention to have the main (red) routes indicated by wooden directional posts or National Parks signs. Note that the Manly Scenic Walkway, The Harbour to Hawkesbury Expressway walkway (or walk west through the Rocks to Cumberland Expressway) for access to the Harbour Bridge walkway then at Milsons Point proceed by the Middle Harbour (West) route to the Spit for lunch and in the afternoon walk the Spit to Manly route returning to Circular Quay by the Manly ferry.

Walking time 6hrs 30min